

# DR SOHOM DAS

**MBChB, MRCPsych, BSc, MSc**

Consultant Forensic
Psychiatrist & Expert Witness

## Contact


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## Credentials

APPROVED UNDER SECTION 12(2) OF THE MENTAL HEALTH ACT, 1983 / 2007

ON GMC SPECIALIST REGISTER FOR FORENSIC PSYCHIATRY

AVMA AND APIL APPROVED EXPERT

FULL INDEMNITY INSURANCE (MDDUS)

## Rapid Report Turnaround

I dedicate most of my working week to medico-legal work.
**I am able to assess clients within 7 to 10 days of instructions and submit reports within another 7 to 10 days.**

## Profile

I am a very experienced psychiatric expert witness, with extensive experience of carrying out a range of psychiatric assessments and writing independent reports for a number of different courts, including civil and criminal court, since 2011.

**I HAVE AUTHORED OVER 2,000 CIVIL AND CRIMINAL COURT REPORTS IN MY CAREER.**

Civil court work ratio - 45% for Claimant, 35% for Defendant, 20% as joint instructions.

**I am the CEO and Director of a medico-legal practice; Sigma Delta Psychiatry Expertise.**

## Qualifications

**2012** **University College London**
MSc - Psychiatry Research

**2011** **Royal College of Psychiatrists**
MRCPsych - Membership

**2003** **University of Edinburgh**
MCBhB - Medicine and Surgery

**2000** **University of Edinburgh**
BSc - Pharmacology

## Multiple Jurisdictions

Formal medical-legal evidence provided in a number of countries:

**Canada**

**Australia**

**Gibraltar**

## High-Profile Cases

Over 40 cases for victims of the Grenfell Tower fire.

**Over 25 cases related to sexual abuse at Harrods**

## Civil Court Experience

**I specialise in complex and high value cases, including:**

- PERSONAL INJURY CASES – bullying / harassment, accidents at work and historical sexual abuse cases.
- **CLINICAL NEGLIGENCE CASES – breach of duty, causation + condition & prognosis.**
- Immigration Detention Assessments – including alleged unlawful detention.
- **Capacity assessments (authored patient information leaflet for Royal College of Psychiatrists' website - https://www.rcpsych.ac.uk/mental-health/treatments-and-wellbeing/mental-capacity-and-the-law)**

Psychiatric consequences of wide range of incidents, traumas and accidents

- **Post-Traumatic Stress Disorder**
- Adjustment Disorder
- **Depression, anxiety**

**BRACH OF DUTY - including:**

- **Suicide and severe Deliberate Self-Harm**
- **Bolam test**

## Guest Speaker / Formal Trainer

I've delivered formal psychiatric training to doctors, solicitors + judges.

Speaker - RCPsych International Congress (June 2026)

**Speaker - AvMA Annual Clinical Negligence Conference, Bournemouth (March 2025)**

Invited to speaker - Psychiatry Congress 2026, Dubai, UAE.

**Formal medical training to judges - Willesden Magistrates Court**

Structured remedial training to another psychiatric expert witness, who has come under judicial criticism

## Criminal Court Experience

- **Multiple murder cases**
- Fitness to plead
- **Mental state at the time of offences**
- Capacity to form intent / mens rea
- **Mental health disposals (Hospital Orders, Restriction Orders, and Community Orders)**
- Mental health defences (Not guilty by Reason of Insanity, Diminished Responsibility and automatism).
- **Risk Assessments, including violence, sexual offending, and risk of reoffending**
- Multiple diagnosis - mood disorders, schizophrenia, autistic spectrum disorder.

**Assessments undertaken in low, medium and high secure psychiatric hospitals, prisons and Immigration Detention Centres.**

Adolescents and adults (male and female).

**High-profile + media cases.**

Instructions from Defence + Crown Prosecution Service.

## Other Medico-Legal Work

- Coroner's Court (have given oral evidence)
- **Employment Tribunals**
- Family Court
- **Mental Health Review Tribunals**
- Parole Board
- **Immigration Tribunals**
- Capacity assessments
- **Serious incident investigations**

## Media work

Expert on numerous TV + radio shows and documentaries

- **ITV's This Morning**
- BBC Morning Live
- **Channel 4**
- Channel 5
- **Sky News**
- Radio 4

**Featured in 2 documentaries currently on Netflix**

- 'When missing turns to Murder' – Season 3).
- "Who killed Lynn and Megan? The Chillenden Murders"·

**Regular speaker at CrimeCon, UK's largest true crime convention.**

## My Book

Professional memoirs, titled: 'In Two Minds; stories of murder, justice and recovery from a Forensic Psychiatrist.

**Published by Little Brown / Hachette.**

Sold over 20,000 copies, across multiple formats.

## Medico-Legal Training

**Regular formal anonymised quality feedback on my reports from solicitors for formal RCPsych (Royal College of Psychiatrists) annual appraisal (most recently, April 2026).**

European Psychiatric Association conference, Prague (March 2026).

**RCPsych International Congress (June 2025) - speaker and delegate.**

Good-standing for Common Professional Development activities; officially recognised by RCPsych (most recently, March 2026).

**Regular Case-Based Discussion assessments as formal Common Professional Development for RCPsych (most recently, February 2026).**

CNWL Suicide risk assessment and prevention training (October 2024).

**Bond Solon Expert Witness Conference, multiple occasions (most recently, November 2025).**

Mental Health Act / Medico-legal / Approved Clinician status refresher course, CNWL NHS Trust (November 2024).

**Forensic Psychiatry Faculty (Royal College of Psychiatrists) annual conference - numerous occasions.**

## Clinical Director Post

**London Cyrenians Housing Association**

**Apr 2016 – Feb 2017**

Senior Director of Specialised Housing Association - for clients with troubled backgrounds:

- **Forensic Histories**
- Mental Illness
- **Substance abuse**
- Learning Disability

## Previous Employment (At Consultant Level)

**CONSULTANT FORENSIC PSYCHIATRIST**

**Willesden Magistrates Court & Harrow Crown Court**

**Liaison and Diversion Schemes + HMP Bronzefield -**

**CNWL NHS Foundation Trust (Feb 2017 – Dec 2024)**

Medical lead / senior psychiatrist across 2 Court Liaison & Diversion services.

**Assessing defendants with complex psychiatric presentations.**

Regular utilisation of the Mental Health Act

**Formally advising the Court on major psychiatric issues (e.g. fitness to plead).**

Steering panel for CNWL taking over contract for Harrow Crown Court.

**Member of pan-London Court Liaison & Diversion focus groups.**

**RESPONSIBLE CLINICIAN FOR LOW SECURE MENTAL ILLNESS MALE REHABILITATION WARD**

**ST ANDREW'S HEALTHCARE, ESSEX (May 2014 - Apr 2016)**

Consultant Forensic Psychiatrist in charge of 18 in-patients with significant forensic risk.

**Clinical leadership to Multi-Disciplinary Teams**

**Supervision of junior doctors.**

Chaired all CPA meetings and ward rounds.

**Expert evidence for Mental Health Review Tribunals and in Crown Court.**

Additional role - lead psychiatrist within a Secure Training Centre for adolescent offenders.

## Other Medical (Non-psychiatric) Posts 2003 - 2006

Broad early medical training across acute and specialist settings in the UK and Australia.

**Accident & Emergency**

**Intensive Care**

Surgical specialties (ENT + urology)

**ICU**

General medicine

## Higher Training Posts (Specialist Registrar)

2011 - 2014

**NORTH-EAST LONDON FORENSIC PSYCHIATRY SCHEME**

**JOHN HOWARD CENTRE, HACKNEY + CAMLET LODGE, ENFIELD.**

Comprehensive higher training in forensic psychiatry across low, medium and high secure services.

**Acute, PICU, rehabilitation, female services, specialist personality disorder units, therapeutic communities, criminal courts and multiple prisons.**

Acted up as a Locum Consultant Forensic Psychiatrist on Medium Secure Ward and Forensic Community Mental Health Team (Barking and Dagenham)

## Other Previous Psychiatry Posts

2006 - 2011

**INCLUDES CAMDEN & ISLINGTON**

**ROTATION – CORE TRAINING (as SHO)**

Diverse psychiatric training spanning forensics, addictions, learning disabilities, liaison, child & adolescent (CAMHS), general adult, and old-age psychiatry.

**Placements across the UK and Australia.**

Experience on substance misuse and detoxification wings in prison (including HMP Pentonville).